



RECIPES

Peanut Butter Fruit Dip

INGREDIENTS:

2 (5.3oz) container Vanilla Greek Yogurt (or 1 slightly heaping cup)
1/3 cup creamy peanut butter
1 Tbsp honey, or to taste
Fruit for dipping (recommended bananas, apples, raspberries or strawberries).

INSTRUCTIONS:

1. Add ingredients to a bowl and whisk to blend until smooth. Serve with fruit.
2. Store in refrigerator in an airtight container.

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From: <http://www.cookingclassy.com/2014/08/peanut-butter-fruit-dip/>

