



# RECIPES

## Southwestern Corn and Avocado Salad

### INGREDIENTS:

- 2 small heads romaine lettuce, torn into bite-size pieces (about 12 cups)
- 1 (15-ounce) can pinto beans, drained and rinsed
- 1 1/2 cups fresh corn kernels (about 3 ears)
- 1 avocado, chopped
- 1/2 red onion, thinly sliced
- 1/2 cup fresh cilantro sprigs
- 2 tablespoons extra-virgin olive oil
- 3 tablespoons fresh lime juice
- 1/2 teaspoon ground cumin
- 3/4 teaspoon salt
- 1/4 teaspoon pepper
- 1/2 (9-ounce) bag baked tortilla chips (optional)

### INSTRUCTIONS:

1. Combine lettuce and next 5 ingredients (through cilantro) in a large bowl.
2. Whisk together oil and next 4 ingredients (through pepper) in a small bowl. Drizzle over salad; toss. Serve with chips, if desired.

Makes 4 servings



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